



# ENDOSCOPIC RETROGRADE CHOLANGIOPANCREATOGRAPHY

Pre and post procedure instruction

ERCP



**Aster**  
**HOSPITAL**

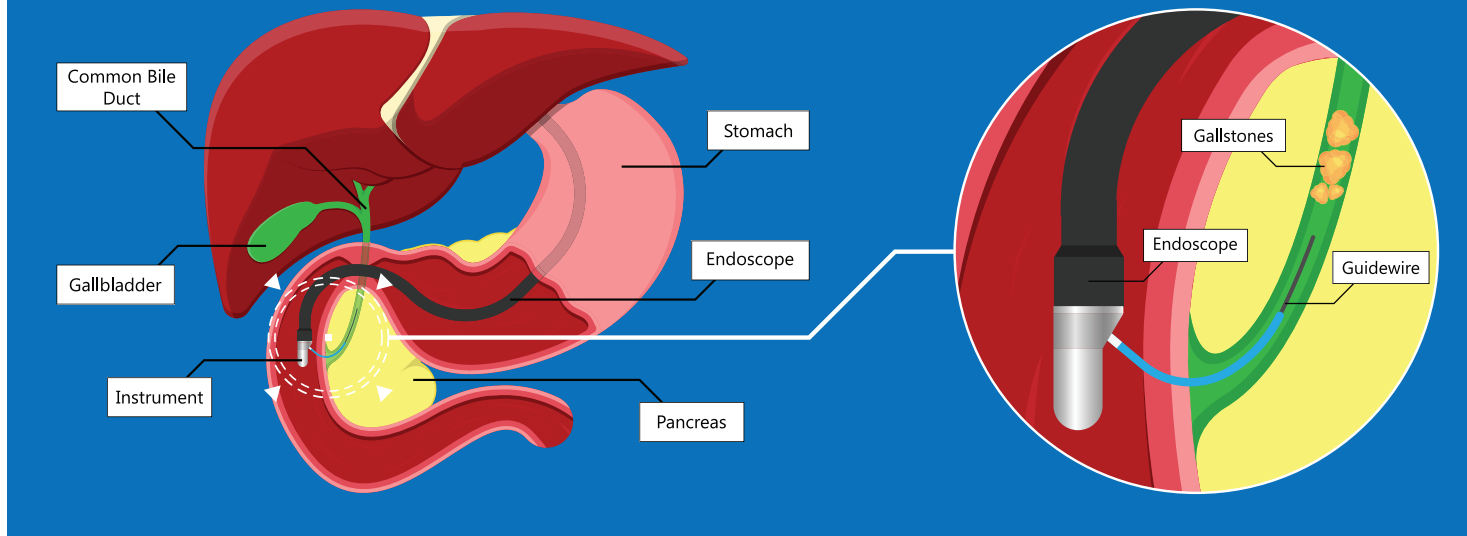
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Digital Version

# ( E.R.C.P.)

## ENDOSCOPIC RETROGRADE CHOLANGIOPANCREATOGRAPHY



### PLEASE FOLLOW BELOW INSTRUCTIONS:

#### BEFORE PROCEDURE:

1. One day before the procedure, do not eat or drink anything after midnight the night before the procedure or 6 to 8 hours prior to it, depending on the time of your procedure.
2. Small amount of liquid may be taken in order to swallow any essential medications
3. Discuss any allergies (especially shellfish or iodine as contrast dye contains iodine), possibility of pregnancy or general health problems. These can greatly affect your response to the ERCP and its treatments. This will assist the physician in taking the necessary precautions in order to decrease the

likelihood of any dangerous reactions.

4. If you are receiving blood-thinning medicines (Antiplatelet or anticoagulant), you must inform the doctor and Endoscopy staff.
5. Your doctor will advise you if any medication should be avoided, dosage changed, or time adjusted before the procedure.
6. ERCP is commonly performed under anaesthesia and you may be assessed by anaesthetist if clinically indicated.

#### ON THE DAY OF THE PROCEDURE:

1. Remove any dentures, eyeglasses, contact lenses or hearing aids.
2. Wear loose clothes.

#### AFTER THE PROCEDURE:

1. It is not uncommon to observe patients in hospital for several hours after ERCP. However, most patients can be discharged home the same day. In this case:
  - a. Do not drive as sedative medicine is used for the procedure.
  - b. Please arrange for somebody to drop you home.
2. Take light meals for 24 hours.
3. Watch out for fever, black tarry stools, severe pain in abdomen with or without vomiting. Inform your doctor if any of above happens.



PLEASE SCAN FOR  
THE LOCATION

# Aster HOSPITAL

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