



CARE OF SPLINT & FRACTURE

Aster
HOSPITAL

We'll Treat You Well



Digital Version



GENERAL SPLINTING GUIDELINES

Splint: Is the placement of gypsum or slabs with fiberglass material from one of the sides for the broken bone and fix it to the body by ordinary ligaments or compression girdles.

Splint care (during the first 12 hours of its placement)

- Lift the limb up
- Do not press intentionally on any part of the splint
- Do not cover the splint
- Do not walk on the splinted part unless your doctor allows you to

THE SPLINT CARE

- Keep your splint dry and clean
- Do not put anything under the splint such as toys, sticks, dust etc. These may settle under the splint and cause infection and serious diseases to you, remember that it is difficult to treat bones from bacterial infection
- Do not walk on the broken part unless the doctor allows you to do so. If you did this, you may lead to the moving of the bone or damage to the surgery or splint
- Check the skin around the tips of the splint daily for pain, swelling, redness, ulceration or numbness.
- In case of inability to move the injured part, keep it raised up

WARNING SIGNS

See the hospital if you experience any of the following symptoms if the cast surrounds all the broken bone is:- Swelling of the hand or foot around the edge of the splint

- Loss of sensation of the fingers of the hand or foot
- Pallor or blue fingers of the hand or

foot

Note: The previous three paragraphs are very important and must not be ignored , otherwise this may lead to the loss of the broken part.

- Unusual pain or burning, redness, swelling or tear of the skin under or around the splint
- Gypsum splint stained with blood, which indicates the possibility of a wound under the splint
- High body temperature
- If the gypsum cracks or becomes soft
- The hardness or stiffness of the edge of the cast
- The friction of the splint due to its expansion after the removal of the initial swelling
- Entering coins, beads or small objects under the cast

NOTES :

- Keep the splint and surrounding area clean and dry
- Check the skin around the edge of the splint daily to see if there is no pain, swelling, redness, ulceration or numbness
- Exercise daily according to the instructions of the doctor and physiotherapist
- Visit the clinic on your appointments so that your doctor can evaluate your condition and check your splint



PLEASE SCAN FOR
THE LOCATION

Aster HOSPITAL

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Mankhool, Kuwait Road, Al Mankhool - Dubai

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