



URODYNAMICS



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Digital Version



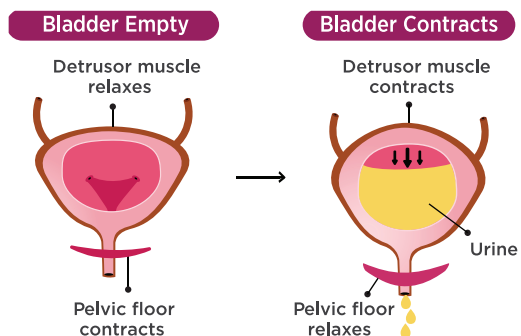
WHAT IS URODYNAMIC TESTING?

Urodynamic testing is any procedure that looks at how well the bladder, sphincters, and urethra are storing and releasing urine. Most urodynamic tests focus on the bladder's ability to hold urine and empty steadily and completely. Urodynamic tests can also show whether the bladder is having involuntary contractions that cause urine leakage. Doctor may recommend urodynamic tests if symptoms suggest problems with the lower urinary tract. Lower urinary tract symptoms (LUTS) include:

- Urine leakage
- Frequent urination
- Painful urination
- Sudden, strong urges to urinate
- Problems starting a urine stream
- Problems emptying the bladder completely
- Recurrent urinary tract infections

Urodynamic tests range from simple observation to precise measurements using sophisticated instruments. For simple observation, a health care provider may record:

- The length of time it takes a person to produce a urinary stream
- The volume of urine produced
- Ability or inability to stop the urine flow in midstream



HOW IS A URODYNAMIC TEST PERFORMED?

The procedure is very simple and quick. A small sensor catheter will be inserted in your bladder that is connected with a computer which monitors the activity of the pelvic muscles.

WHAT HAPPENS AFTER URODYNAMIC TESTS?

An antibiotic may be prescribed for 1 or 2 days to prevent infection, but not always. People with signs of infection, including pain, chills, or fever, should visit doctors immediately.

HOW DO YOU PREPARE FOR URODYNAMIC TESTING?

Most of these tests don't require any special planning. For some, though, you might be asked to drink fluids before the test so that your bladder is full.



PLEASE SCAN FOR
THE LOCATION

Aster HOSPITAL

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